

COURSE INFORMATION FORM	
Faculty / Institute	Faculty of Science and Literature
Department	Psychology
Course Code	PSİ 328
Course title	Self-Development Through Life Span
Instructional Language	English
Programs that can take the course	Psychology
Course Type	Must
Course Level	Undergraduate
ECTS Credit	6
Prerequisites	PSİ 240 - Developmental Psychology
Course Content	Essential milestones and age-related changes in self will be covered. The role of parents and peers on self-development will be discussed. The difference between self-concept and self-esteem will be covered, while the continuity of the self will be discussed with recent research results. Finally, cultural differences in self-understanding will be covered as well.
The Aim of the Course	The aim of this course is to understand self-development through life span from the developmental psychology perspective
Course Outcomes	Students will: (1) learn the main theories about self-development, (2) have information about developmental milestones related self, (3) comprehend the age-related developmental processes, (4) discuss the cultural differences in self-understanding, (5) gain an ability to lead the discussions, (6) improve their writing skills with reaction papers, (7) develop their skills in reading papers, (8) have a chance to observe real cases with their observation assignments.
Textbook and / or References	Harter, S. (2012). <i>The construction of the self: Developmental and sociocultural foundations</i> (2nd ed.). The Guilford Press. Shaffer, D. R. (2009). <i>Social and personality development</i> (6th ed.). Wadsworth. Levine, L. E., & Munsch, J. (2017). <i>Child development: An active learning approach</i> (3rd ed.). SAGE.

Evaluation Criteria	Percentage
Attendance	-
Lab	-
Application	-
Field Study	25% (Observation Assignments)
Homework	25% (Reaction Papers)
Presentations	10% (Leading Discussion and Presentation)
Projects	-
Seminar	-
Midterm Exams	-
Quiz	-
Final	40%
Total	100%

Course Plan	Subjects to Be Discussed
1. Week	Meeting and Course Overview Developmental Theories About Self:
2. Week	Emotions, Attachment, Parenting and Self
3. Week	Developmental Theories and Extrafamilial Influences on Self-development.
4. Week	The Concept of Self, Gender, and Sex Roles
5. Week	Self-Recognition in Infancy and Toddlerhood
6. Week	Self in Childhood
7. Week	Self-Regulation and Theory of Mind in Early Childhood
8. Week	The Self in Adolescence and identity formation
9. Week	Self-Esteem Over Time
10. Week	Self-concept in adulthood
11. Week	Self and Authenticity
12. Week	Self-Concept and Culture