

COURSE INFORMATION FORM	
Faculty / Institute	Faculty of Science and Literature
Department	Psychology
Course Code	PSİ 456
Course title	Disaster and Trauma Psychology
Instructional Language	English
Programs that can take the course	Psychology
Course Type	Elective
Course Level	Undergraduate
ECTS Credit	6
Prerequisites	PSİ 104 – Introduction to Psychology II
Course Content	Types of disasters and traumatic life events, disaster risk management and community preparedness, psycho-social consequences of disasters, psycho-social support and interventions in the aftermath of disasters for the affected population, ethical principles of working in disaster settings will be covered in this course.
The Aim of the Course	The aim of this course is to present the fundamental explanations, concepts and theories related to disaster and trauma. In this context, disaster types will be introduced, and basic information related to trauma will be presented.
Course Outcomes	The students are expected to: (1) Gain knowledge on types of disasters and traumas; (2) Disaster risk management principles and applications; (3) Understand psychological concepts that facilitate preparedness; (4) Learn about the psycho-social consequences of disasters; (5) Develop an understanding of suitable post-disaster psychosocial interventions; (6) Learn ethical principles of work in disaster settings
Textbook and / or References	Karanci, N. (2013). Facilitating community participation in disaster risk management: Risk perception and preparedness behaviours in Turkey. In H. Joff et al. (Eds.), <i>Cities at Risk: Living with Perils in the 21st Century</i> (pp. 93-108). Springer, Dordrecht. Norris, F. H., & Wind, L. H. (2009). The experience of disaster: Trauma, loss, adversities, and community effects (pp. 29-40). In Neria, Y., Galca, S., & Norris, F. H. (Eds.), <i>Mental Health and Disasters</i> . Cambridge University Press.

	<p>Freedy, J. R., Kilpatrick, D. G., & Resnick, H.S. (1993). Natural disasters and mental health: Theory, assessment, and intervention (pp. 49-59). In Allen, R.D. (Ed.), <i>Handbook of Post-Disaster Interventions</i>.</p> <p>Saari, S. (2005). <i>A bolt from the blue: Coping with disasters and acute traumas</i>. Jessica Kingsley Publishers. (Chs. 3-8; pp. 28-100)</p> <p>Hobfoll, S.E., Watson, P., Bell, C.C., Bryant, R.A., Brymer, M.J., Friedman, M.J., et al. (2007). Five essential elements of immediate and mid-term mass trauma intervention: Empirical evidence. <i>Psychiatry</i>, 70(4), 283-315.</p> <p>Carlier, I. V. E., & Gersons, B. P. R. (2000). Brief prevention programs after trauma (pp. 65-75). In In Violanti, J. M., Paton, D., & Dunning, C. (Eds.), <i>Posttraumatic Stress Intervention: Challenges, issues, and perspectives</i>. Charles C Thomas Publisher.</p> <p>WHO. (2011). <i>Psychological First Aid: Guide for Field Workers</i>. ISBN: 978 92 4 1548205 (S: Supplementary)</p> <p>Calhoun, L. G., & Tedeschi, R. G. (2000). Early posttraumatic interventions: Facilitating possibilities for growth. In Violanti, J. M., Paton, D., & Dunning, C. (Eds.), <i>Posttraumatic Stress Intervention: Challenges, issues, and perspectives</i>. Charles C Thomas Publisher.</p> <p>O’Neill, P. (1999). Ethical issues in working with communities in crisis (pp. 241-267). In Gist, R., & Lubin, B (Eds.), <i>Response to Disaster: Psychosocial, community, and ecological approaches</i>. Braun-Brumfield, Ann Arbor. (Ch. 10 Ethical issues)</p>
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Evaluation Criteria	Percentage
Attendance	-
Lab	-
Application	-
Field Study	-
Homework	-
Presentations	10% (Presentation of the Term Paper)
Projects	20% (Term Paper)
Seminar	-
Midterm Exams	30%
Quiz	-
Final	40%
Total	100%

Course Plan	Subjects to Be Discussed
1. Week	Introduction: What is a disaster, types of disasters and disaster risk management
2. Week	Disaster Preparedness Models
3. Week	Psycho-social stressors in disasters
4. Week	Post-traumatic stress reactions, symptoms and reactions
5. Week	Post-traumatic stress reactions, symptoms and reactions
6. Week	Post-traumatic Interventions: Psychological first aid, debriefing and Trauma focused treatments
7. Week	Post-traumatic Interventions: Debriefing and Trauma focused treatments
8. Week	Post-traumatic Interventions: Psychological first aid
9. Week	Ethical Principles in disasters
10. Week	Presentations of the Term Papers
11. Week	Presentations of the Term Papers
12. Week	Presentations of the Term Papers / Overview of the Course