

COURSE INFORMATION FORM	
Faculty / Institute	Faculty of Science and Literature
Department	Psychology
Course Code	PSİ 481
Course title	Contemporary Topics in Clinical Psychology
Instructional Language	Turkish
Programs that can take the course	Psychology
Course Type	Elective
Course Level	Undergraduate
ECTS Credit	6
Prerequisites	PSİ 104 – Introduction to Psychology II
Course Content	This course aims to explain basic and validated therapy techniques. In particular, the basis of the applications of therapy techniques, which are frequently used in some psychopathologies, will be shown.
The Aim of the Course	To give information about basic therapy techniques and applications, to explain application areas, and to develop skills.
Course Outcomes	It is aimed that the students learn the basics of the mentioned therapy techniques, develop a perspective on the usage areas of the techniques in psychopathology, and learn the basic applications.
Textbook and / or References	Leahy, R. L. (2010). <i>Bilişsel Terapi yöntemleri</i> . HYB Yayınları. Linehan, M. (1993). <i>Cognitive-Behavioral Treatment of Borderline Personality Disorder</i> . The Guilford Press DBT Becerileri Eğitimi Kılavuzu

Evaluation Criteria	Percentage
Attendance	2.5%
Lab	-
Application	30% (Role-plays)
Field Study	-
Homework	-
Presentations	-
Projects	-
Seminar	-
Midterm Exams	20%
Quiz	-
Final	47.5%
Total	100%

Course Plan	Subjects to Be Discussed
1. Week	What is Psychotherapy?
2. Week	CBT in Psychotherapy
3. Week	DBT
4. Week	DBT & Skills Training
5. Week	DBT in BPD
6. Week	MI
7. Week	MI in Addictive Patients
8. Week	Social Skills Training
9. Week	Problem-Solving Psychotherapy
10. Week	Schema Therapy in Psychotherapy
11. Week	Schema Therapy in Psychotherapy
12. Week	ACT & Emotions