

COURSE INFORMATION FORM	
Faculty / Institute	Faculty of Science and Literature
Department	Psychology
Course Code	PSİ 434
Course title	Emotions
Instructional Language	English
Programs that can take the course	Psychology
Course Type	Elective
Course Level	Undergraduate
ECTS Credit	6
Prerequisites	PSİ 104 - Introduction to Psychology II
Course Content	PSİ 434 is comprised of two parts including topics related to emotion literature in psychology. The first part focuses on how to understand the different theories on emotional phenomena. In the second part of the course, specific emotions are touched upon from various perspectives.
The Aim of the Course	This course aims to inform students about how emotion is defined and related theories. At the same time, it is aimed to guide in distinguishing between normal and extreme emotional reactions and to present current studies in this context.
Course Outcomes	It is aimed that at the end of the semester students are going to; (1) learn the definition of emotion and how different theoretical perspectives in psychology elaborate on emotions, in general, (2) gain detailed information about the normal and disturbed fear, anxiety, sadness, anger, shame, guilt, happiness and related emotions, (3) learn about the most recent research methods and findings about emotions, (4) have a chance to develop a new point of view about how they identify, recognize, communicate, cope with, and accept their own emotions.
Textbook and / or References	Lewis, M., Haviland-Jones, J. M., & Barrett, L. F. (Eds.). (2016). <i>Handbook of emotions</i> (4th ed.). Guilford.

Evaluation Criteria	Percentage
Attendance	10% (Participation in Discussions)
Lab	-
Application	-
Field Study	-

Homework	-
Presentations	20%
Projects	-
Seminar	-
Midterm Exams	30%
Quiz	-
Final	40%
Total	100%

Course Plan	Subjects to Be Discussed
1. Week	Course Introduction What is emotion? Early theory in psychology and other disciplines
2. Week	Major theories of Emotion: Biological Perspective
3. Week	Major theories of Emotion: Developmental Perspective
4. Week	Major theories of Emotion: Social and Personality Perspectives
5. Week	Major theories of Emotion: Cognitive Perspective
6. Week	Major theories of Emotion: Health-related Perspectives
7. Week	Taxonomy of Specific Emotions
8. Week	Taxonomy of Specific Emotions: Fear and Anxiety Black Mirror discussion- “white bear”
9. Week	Taxonomy of Specific Emotions: Disgust, Shame and Guilt Black Mirror discussion- “nosedive”
10. Week	Taxonomy of Specific Emotions: Sadness, Grief and Anger Black Mirror discussion- “be right back”
11. Week	Taxonomy of Specific Emotions: Joy, Happiness and Love Black Mirror discussion- “fifteen million merits”
12. Week	Presentations