

COURSE INFORMATION FORM	
Faculty / Institute	Faculty of Science and Literature
Department	Psychology
Course Code	PSI 463
Course title	Contemporary Topics in Psychology
Instructional Language	English
Programs that can take the course	Psychology
Course Type	Elective
Course Level	Undergraduate
ECTS Credit	6
Prerequisites	PSI 103 – Introduction to Psychology I PSI 104 – Introduction to Psychology II
Course Content	This course is designed to provide students with insights into behavioral addictions from an applied social psychology perspective. Precisely, the main objective of this course is to show students how family as a social system affects the development of behavioral addictions, and vice versa. For this purpose, students will be introduced to the theoretical and empirical relationship between family factors and behavioral addictions including the topics of gambling, internet, online gaming, smartphone, social media, sexual, exercise, eating, and work addictions as well as compulsive buying.
The Aim of the Course	The aim of this course is to introduce new trends, topics and discussions in different subfields of psychology.
Course Outcomes	At the end of this course, students are familiar with the most up-to-date topics, theories and research in various subfields of psychology. They can generate new research questions and hypotheses, and create research designs and prepares a research plan.
Textbook and / or References	Black, D. W., Shaw, M. C., McCormick, B. A., & Allen, J. (2012). Marital status, childhood maltreatment, and family dysfunction: A controlled study for pathological gaming. <i>The Journal of Clinical Psychiatry</i> , 73(10), 1293–1297. Carlisle, K. L., Buser, J. K., & Carlisle, R. M. (2012). Childhood food addiction and the family. <i>The Family Journal: Counseling and Therapy for Couples and Families</i> , 20(3), 332–339. D’ariento, M. C., Boursier, V., & Griffiths, M. D. (2019). Addiction to social media and attachment styles: A systematic literature review.

International Journal of Mental Health and Addiction, 17, 1094–118.

Fischer-Grote, L., Kothgassner, O. D., & Felnhofer, A. (2019). Risk factors for problematic smartphone use in children and adolescents: A review of existing literature. *Neuropsychiatrie*, 33, 179–190.

Grant, J. E., Potenza, M. C., Weinstein, A., & Gorelick, D. A. (2010). Introduction to behavioral addictions. *The American Journal of Drug and Alcohol Abuse*, 36(5), 233–241.

Jimeno, M. V., Ricarte, J. J., Toledano, A., Mangialavori, S., Cacioppo, M., & Ros, L. (2022). Role of attachment and family functioning in problematic smartphone use in young adults. *Journal of Family Issues*, 43(2), 375–391.

Kearney, M. & Stevens, L. (2012). Compulsive buying: Literature review and suggestions for future research. *The Marketing Review*, 12(3), 233–251.

Kourgiantakis, T., Saint-Jacques, M. C., Tremblay, J. (2013). Problem gambling and families: A systematic review. *Journal of Social Work Practice in the Addictions*, 13(4), 353–372.

Lichtenstein, M. B., Emborg, B., Hemmingsen, S. D., & Hansen, N. B. (2017). Is exercise addiction in fitness centers a socially accepted behavior? *Addictive Behaviors Reports*, 6,

Nielsen, P., Favez, N. & Rigter, H. (2020). Parental and family factors associated with problematic gaming and problematic internet use in adolescents: A systematic literature review. *Current Addiction Reports*, 7, 365–386.

Olave, L., Estevez, A., Momene, J., Munoz-Navarro, R., Gomez-Romero, M. J., Boticario, M. J., & Iruarrizaga, I. (2021). Exercise addiction and muscle dysmorphia: The role of emotional dependence and attachment. *Frontiers in Psychology*. Advance online publication.

Phillips, L. A. (2006). Literature review of research in family systems treatment of sexual addiction. *Sexual Addiction & Compulsivity*, 13(2–3), 241–246.

Roberts, J. A., Pullig, C., & David, M. (2019). Family conflict and adolescent compulsive buying behavior. *Young Consumers*, 20(3), 208–218.

Robinson, B. E. (1997). Work addiction and the family: Conceptual and research considerations.

	<p><i>Early Child Development and Care</i>, 137(1), 77–92.</p> <p>Robinson, B. E., & Post, P. (1995). Work addiction as a function of family of origin and its influence on current family functioning. <i>The Family Journal</i>, 3(3), 200–206.</p> <p>Schneider, L. A., King, D. L., & Delfabbro, P. H. (2017). Family factors in adolescent problematic Internet gaming: A systematic review. <i>Journal of Behavioral Addictions</i>, 6(3), 321–333.</p> <p>Taş, İ. (2022). The relationship between social ignore and social media addiction among adolescents: Mediator effect of satisfaction with family life. <i>Youth & Society</i>. Advance online publication.</p> <p>Throuvala, M. A., Janikian, M., Griffiths, M. D., Rennoldson, M., & Kuss, D. J. (2019). The role of family and personality traits in internet gaming disorder: A mediation model combining cognitive and attachment perspectives. <i>Journal of Behavioral Addictions</i>, 8(1),</p> <p>Topham, G. L., Hubbs-Tait, L., Rutledge, J. M., Page, M. C., Kennedy, T. S., Shriver, L. H., & Harrist, A. W. (2011). Parenting styles, parental response to child emotion, and family emotional responsiveness are related to child emotional eating. <i>Appetite</i>, 96, 261–264.</p> <p>Wildmon-White, M. L., & Young, J. S. (2002). Family-of-origin characteristics among women married to sexually addicted men. <i>Sexual Addiction & Compulsivity: The Journal of Treatment and Prevention</i>, 9(4), 263–273.</p> <p>Wu, C. S. T., Wong, H. T., Yu, K. F., Fok, K. W., Yeung, S. M., Lam, C. H., & Liu, K. M. (2016). Parenting approaches, family functionality, and internet addiction among Hong Kong adolescents. <i>BMC Pediatrics</i>, 16, 130.</p>
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Evaluation Criteria	Percentage
Attendance	20% (Class Participation)
Lab	-
Application	-
Field Study	-
Homework	30% (Reflection Papers)
Presentations	-
Projects	50% (Term Paper)
Seminar	-
Midterm Exams	-
Quiz	-
Final	-

Total	%100
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Course Plan	Subjects to Be Discussed
1. Week	Introduction to the course + Introduction to behavioral addictions
2. Week	Pathological gambling + Internet addiction
3. Week	Problematic online gaming + Problematic smartphone use
4. Week	Social media addiction + Sexual addiction
5. Week	Compulsive buying + Exercise addiction
6. Week	Eating addiction + Work addiction
7. Week	Choosing a research topic for a review article as a class/group
8. Week	Literature review
9. Week	Literature review + Evaluation of the findings
10. Week	Preparation of manuscript
11. Week	Preparation of manuscript + Finalization of manuscript
12. Week	Submission preparation + Submission